



Sort It **CENTRAL**

Recycling and Garbage Program



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FUTURE REFERENCE**



cnwm

Central Newfoundland Waste Management
Our Environment, Our Duty, Our Solution



Central Newfoundland has a new way of managing waste!

Central Newfoundland Waste Management (CNWM) is launching a curbside recycling and garbage program for all residents of Central Newfoundland. The first of its kind in Newfoundland and Labrador, our mandatory program will have the greatest positive impact on keeping waste out of the central regional landfill and protecting this place we love so much.

Your participation is key

The people of Central Newfoundland understand the value of protecting the environment – we depend on clean air to breathe and healthy forests and oceans to provide us with a safe place to live, work and play. That's why **this is a mandatory program**: all you have to do is sort your recyclables from your waste – and they will be collected from your curb.



CNWM is committed to achieving our province's 50 percent waste diversion goal as outlined in the Provincial Solid Waste Management Strategy.

How to Sort It! It's easy as...

1

Place recyclables in a transparent blue bag.

2

Place household garbage in a clear bag.

3

Place both bags at the curb or roadside weekly on your collection day.

IT'S A
MANDATORY
PROGRAM.

COLLECTION REMINDERS:

- Bags must be placed at the curb by **8:00 a.m.** on your collection day.
- Bags should be in a container or covered (check your town regulations for bag limits and types of containers permitted). Containers must be in good condition.
- Garbage and recycling bags must be regular size: 66 cm X 82.5 cm / 26" X 32.5".
- Each bag must not weigh more than 22 kg/50 lbs.
- A transparent blue bag must be used for recyclable material.
- A clear bag must be used for all other regular household garbage.
- Two small privacy bags (non-transparent) for disposal of sensitive materials permitted inside each clear bag.

YOUR WASTE SORTING GUIDE



RECYCLABLES

The following recyclable items must be placed in a **TRANSPARENT BLUE BAG**. **Please empty, rinse or wipe materials.**

Boxboard:

- drink and coffee trays
- egg cartons
- food boxes (e.g. cereal, pasta, granola bars, frozen food)
- gift boxes
- paper towel rolls
- shoe boxes
- toilet paper rolls

Cardboard:

- corrugated boxes
- packaging materials
- pizza boxes

Metal Containers:

- aluminum cans (e.g. pop and beer cans)
- disposable foil containers (e.g. pie plates, food trays, baking pans)
- steel and tin cans and lids (e.g. soup, tuna, juice, coffee cans, fruit cups, cookies, chocolates, tea)

Mixed Paper:

- books (hard covers removed)
- computer paper
- construction paper
- envelopes
- exercise books
- glossy paper
- loose leaf
- magazines and catalogs
- newspapers and flyers
- paper bags
- phone books
- sticky notes

Paper Containers:

- milk cartons or Tetra boxes (including milk alternatives such as soy and almond milk)
- gable top cartons (e.g. juices, cream, sugar, molasses)
- Tetra boxes (e.g. juice, sauces, soup, broth)

Plastic Containers:

- plastic beverage containers (e.g. pop and water bottles, juice jugs, juice pouches, yogurt drink bottles)
- plastic flower pots
- plastic food containers and bottles (e.g. mayonnaise, ketchup, peanut butter, honey)
- plastic household cleaner bottles (e.g. glass cleaner, multi-purpose solution, laundry detergent, windshield wash)
- plastic toiletry bottles (e.g. dish soap, hand sanitizer, shampoo, body wash, over-the-counter medication)
- plastic trays and clamshells (e.g. baked goods, fruit, sandwiches)
- plastic tubs and lids (e.g. butter, sour cream, yogurt, ice cream tubs)



GARBAGE

The following household items must be placed in a **CLEAR BAG**.

Plastic:

- bags
- bottle caps
- bubble envelopes
- candy and granola bar wrappers
- CD and DVDs and cases
- chip and snack bags
- cutlery
- individual condiment packages
- plastic wrap and baggies
- straws

Paper:

- coffee cups and take-out drink containers
- gift bags and wrapping paper
- paper napkins
- paper towels
- tissues
- wax paper

Other:

- blankets and bed sheets
- ceramic dishes
- clothing
- diapers
- empty aerosol cans
- empty paint cans
- empty propane tanks
- food waste
- full or unopened food containers
- glass jars (e.g. jam, pizza sauce, salsa)
- kitty litter
- laundry baskets and hampers

- pet food bags
- pots and pans
- sharp objects (e.g. needles, knives, broken glass) in a puncture-proof container
- Styrofoam
- toys (plastic, wood, metal)

Two small privacy bags (non-transparent) may be placed inside each clear bag with your household garbage.

Garbage must go in a **CLEAR BAG**.

CONTACT YOUR MUNICIPALITY FOR DETAILS ON BAG LIMITS AND COLLECTION SCHEDULES.

FIND A PLACE FOR OTHER WASTE

Some items are not collected at the curb. Materials such as construction and demolition waste, bulk waste, metals, household hazardous waste, paint, electronics, and fluorescent light bulbs can be dropped off to the Central Regional Waste Management Site or your nearest Transfer Station during regular hours of operation.

Central Newfoundland Waste Management Sites

Central Regional Waste Management Site	653-2900
Zone 1 Buchan's Junction Transfer Station	852-2283
Zone 2 Point Leamington Transfer Station	484-3728
Zone 3 NWI/Twillingate Transfer Station	700-2823
Zone 4 Fogo Island Transfer Station	700-1744
Zone 5 Gander Bay Transfer Station	700-2826
Zone 6 Indian Bay Transfer Station	700-1787
Zone 7 Terra Nova Transfer Station	700-1796

Call or visit www.cnwmc.com for hours of operation.





HOUSEHOLD HAZARDOUS WASTE (HHW)

The following items are **not accepted** for curbside collection and must be disposed of at the Central Regional Waste Management Site or one of the seven Transfer Stations during regular hours of operation.

Many household products contain hazardous materials that are toxic/poison, corrosive, flammable, or reactive/explosive. These products can cause serious harm to the environment and pose a threat to human health when thrown in the garbage or poured down the drain or storm sewer.

HHW Materials Include:

- batteries (household, car)
- cleaning products, disinfectants
- detergents, spot removers
- bleach, ammonia
- aerosol cans (full or partially full)
- adhesives, contact cement, glue
- rust remover
- driveway sealer
- medications, pharmaceuticals
- rubbing alcohol
- mercury (thermostats, thermometers)
- nail polish and remover
- motor oil and filters
- antifreeze, coolants
- brake and transmission fluid
- chemicals, pool chemicals
- fertilizers
- insect repellents, flea powder
- herbicides, fungicides
- gas, kerosene, butane, lighters with content
- propane, propane tanks with content
- ethanol, methanol





Paint

Waste paint is accepted at the Central Regional Waste Management Site and seven Transfer Stations as part of Product Care's Regeneration Paint Recycling program.



Accepted: All household paint products and containers. Paint aerosols of all types, including automotive, craft and industrial products are also accepted.

For a complete list of drop-off locations and accepted items, visit www.regeneration.ca or call Product Care toll free 1-888-772-9772.



Used Tires

On-road tires can be disposed of properly through the Multi-Materials Stewardship Board's Used Tire Program. Program tires should be left with the retailer at the time of tire changeover at no additional charge. Tires can also be returned to any tire retailer at a later date in manageable quantities (4-5 tires) during the retailer's normal business hours.



Accepted: Highway, passenger, light truck and motorcycle tires. Commercial truck tires used on heavy trucks, busses and large recreational vehicles.

Tires must be in whole form, free of mud and debris and must have their rims removed before they are returned for recycling.

Please note that ATV, OTR (off the road) and other industrial tires are not included in MMSB's program but are accepted for disposal at the Central Regional Waste Management Site and seven Transfer Stations during regular hours of operation. Fees apply.



Electronic Waste

Electronic waste is accepted at the Central Regional Waste Management Site and seven Transfer Stations as part of the Electronic Products Recycling Association's Recycle MY Electronics program.



Accepted: Display devices (such as televisions and monitors), desktop printers, computers and peripherals (such as keyboards), home theatre in a box (HTB) systems, non-cellular telephones as well as audio and video systems.

For a complete list of drop-off locations and accepted items, visit **recycleMYelectronics.ca** or call EPRA toll free 1-888-567-4535.



Construction and Demolition

Construction and demolition waste such as wood, shingles, bricks or concrete can be dropped off at the Central Regional Waste Management Site and seven Transfer Stations during regular hours of operation. Fees apply.



Bulk Waste

Bulk Waste such as furniture, appliances, metals and other large items can be dropped off at the Central Regional Waste Management Site and seven Transfer Stations during regular hours of operation. Fees apply.



Fluorescent Bulb Eater Program

Fluorescent tubes and compact fluorescent light bulbs (CFLs) are accepted at the Central Regional Waste Management Site and seven Transfer Stations. This service is provided free to residents. Businesses will be charged a fee of \$1.00 per bulb/tube.



Beverage Containers

The Beverage Container Recycling Program is a deposit-refund system. When you purchase a beverage, you pay a deposit. You can return your beverage container to a Green Depot to receive a refund.



Accepted: All ready-to-drink containers that you pay a deposit on at the time of purchase. If you're not sure if a container is included, check your receipt.

For a complete list of Green Depots and accepted items, visit **www.mmsb.nl.ca** or call MMSB toll-free at 1-800-901-6672.

Remember, you can also recycle your beverage containers (excluding glass) by including them with your recyclables in your **Transparent Blue Bag** and placing them at the curb or roadside on your collection day.

Grasscycling

Grasscycling is a simple way to recycle your grass clippings. Simply leave your clippings on your lawn!

- Keep your mower height at 2.5 inches. Never let the grass grow more than three inches tall.
- Leave the grass clippings where they fall and allow them to decompose.
- For a healthy lawn, only cut one-third of the grass blade at a time.
- Cut your lawn frequently, about once or twice per week.

FACT: Grasscycling takes 38% less time than raking and bagging grass.

FACT: Grasscycling does not cause thatch.

FACT: Grass clippings are about 90% water so they decompose quickly, returning nutrients to your lawn.

Backyard composting is as easy as 1, 2, 3!

In nature, nothing is wasted or thrown away. When we compost organic waste in our backyards, we mimic natural processes.

At a landfill, organic waste breaks down without oxygen to produce methane gas — a greenhouse gas that is 21 times more powerful at warming the atmosphere than carbon dioxide. And with up to 30 percent of the food we buy going to waste, composting is a great way to keep waste out of the landfill.



CHOOSE A BIN

- Purchase a bin from a hardware store or garden centre, or build your own bin using plans from www.mmsb.nl.ca.
- Many communities offer bins at a reduced rate through MMSB's Backyard Compost Bin Program. Visit www.mmsb.nl.ca for a complete list of participating communities.
- Place your compost bin in a sunny area where it will absorb and retain heat.
- Choose a location that has good drainage and is accessible all year round.



ADD ORGANIC WASTE

- Collect kitchen waste in a small, covered container and empty into your backyard compost bin regularly.
- Add a balance of brown and green waste to your backyard compost bin. A good mixture consists of 50% browns and 50% greens.
 - Browns are dry, absorbent materials like leaves, dried grass clippings and shredded paper.
 - Greens are fresh, moist materials like fruit and vegetable scraps, tea bags, and coffee grounds.
- Always cover with a layer of browns.

Learn more at
www.mmsb.nl.ca



MAINTAIN YOUR BIN

- Your compost pile should be as moist as a 'wrung-out sponge'. When you touch the pile, it should feel damp; but when you squeeze it, no liquid should run out.
- Turn your compost regularly to increase the circulation of oxygen within the pile.



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